



Six Person Traditional Sauna Manual



For any additional questions, please contact us at help@reviveplunge.com

Thank you for choosing Revive

Thank you for purchasing a Revive Sauna! Please read the following contents before assembling and using the product:

Warnings

To ensure safe and proper use of your sauna, carefully read and follow these warnings:

Health & Safety Precautions

- **Consult a physician** before using the sauna if you have any medical conditions, are pregnant, or take prescription medications that may affect circulation, blood pressure, or body temperature regulation.
- **Do not use the sauna if you feel unwell, dizzy, or overheated.** Exit immediately if you experience discomfort, nausea, or lightheadedness.
- **Stay hydrated.** Drink plenty of water before, during and after sauna use to prevent dehydration.
- **Limit sauna sessions.** Recommended use is **15-20 minutes** at a time. Prolonged exposure may lead to overheating.
- **Never use alcohol or drugs** before or during sauna use, as this can increase the risk of unconsciousness and serious injury.

Fire & Electrical Safety

- **Do not use extension cords** or power strips to operate an electric sauna heater. Always plug directly into a properly rated outlet.
- **Keep flammable materials away** from sauna heaters or heating elements.
- **Do not pour excessive water** on sauna rocks or heating elements, as this may cause electrical hazards or damage.

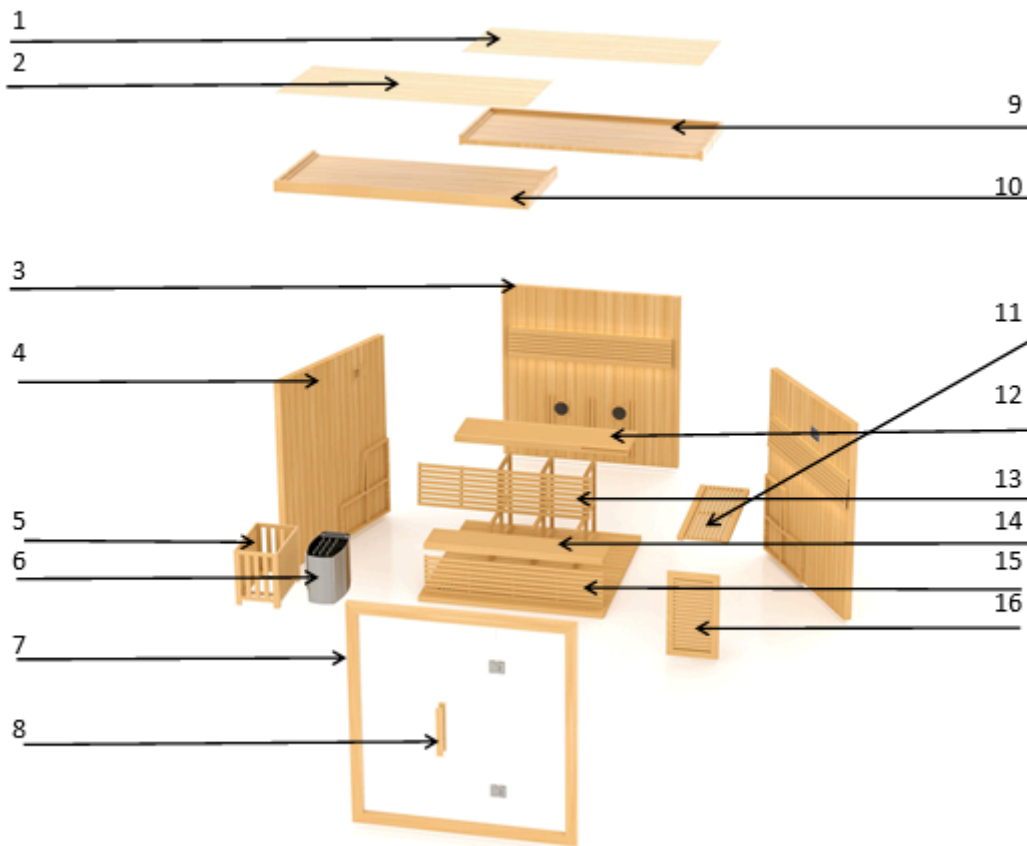
Usage & Maintenance

- **Supervise children at all times.** Saunas are not recommended for young children without medical approval and close supervision.
- **Do not sleep in the sauna.** Prolonged exposure to high temperatures can be fatal.
- **Avoid contact with hot surfaces.** Sauna heaters and metal components can cause burns if touched.
- **Inspect the sauna regularly** for signs of damage, wear, or malfunctioning components. Do not use if repairs are needed.
- **Use only manufacturer-approved accessories** and replacement parts to maintain safety and performance.

By following these warnings, you can enjoy your sauna safely and maximize its benefits. If you have any doubts about usage, consult a professional or contact customer support.

Product Data

- Product Name: Sauna Room
- Power of use: 220-240V/50-60HZ
- Heater Power: 8000W
- Wood Material: Hemlock
- Heater: Harvia Stove
- Sauna Dimensions: 86.2x86.2x83.6(in)
- Weight: 772lbs
- Operation temperature/hour: 64-194F/0~90 minutes
- CE Certificate No: CTB210421037SX
- EMC Test No: CTB210423030EX



1. Front Duster Cover	2. Rear Duster Cover	3. Back Board	4. Left Board
5. Stove Protection	6. Stove	7. Front Board	8. Handle
9. Front Top Board	10. Rear Top Board	11. Desk Bench	12. Second Bench
13. Second Bench Front Board	14. First Bench	15. First Bench Front Board	16. Desk Front Board

Step by Step Assembly



Floorboard



Back Sauna Panel



Left Sauna Panel



Right Sauna Panel



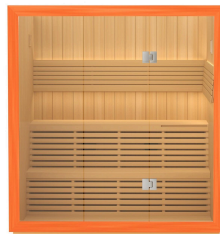
Bench Supports



Bench Front Boards



Benches



Front Sauna Panel



Rear Roof Panel



Front Roof Panel

Rear Duster Cover

Front Duster Cover



Desk Bench Support

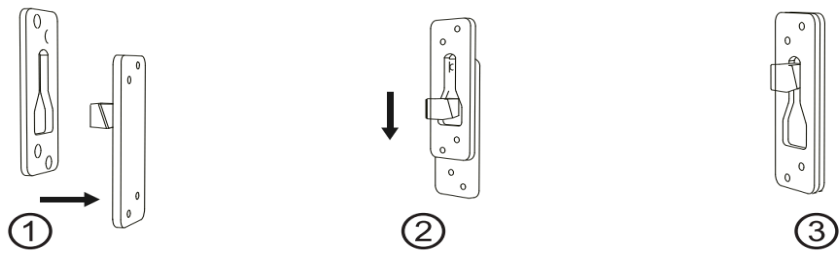
Desk Bench

Handle

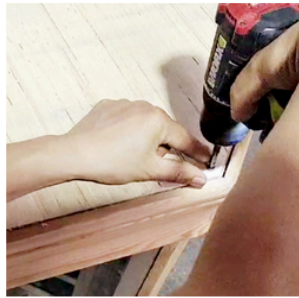


Stove And Protection

Hanging buckle installation method

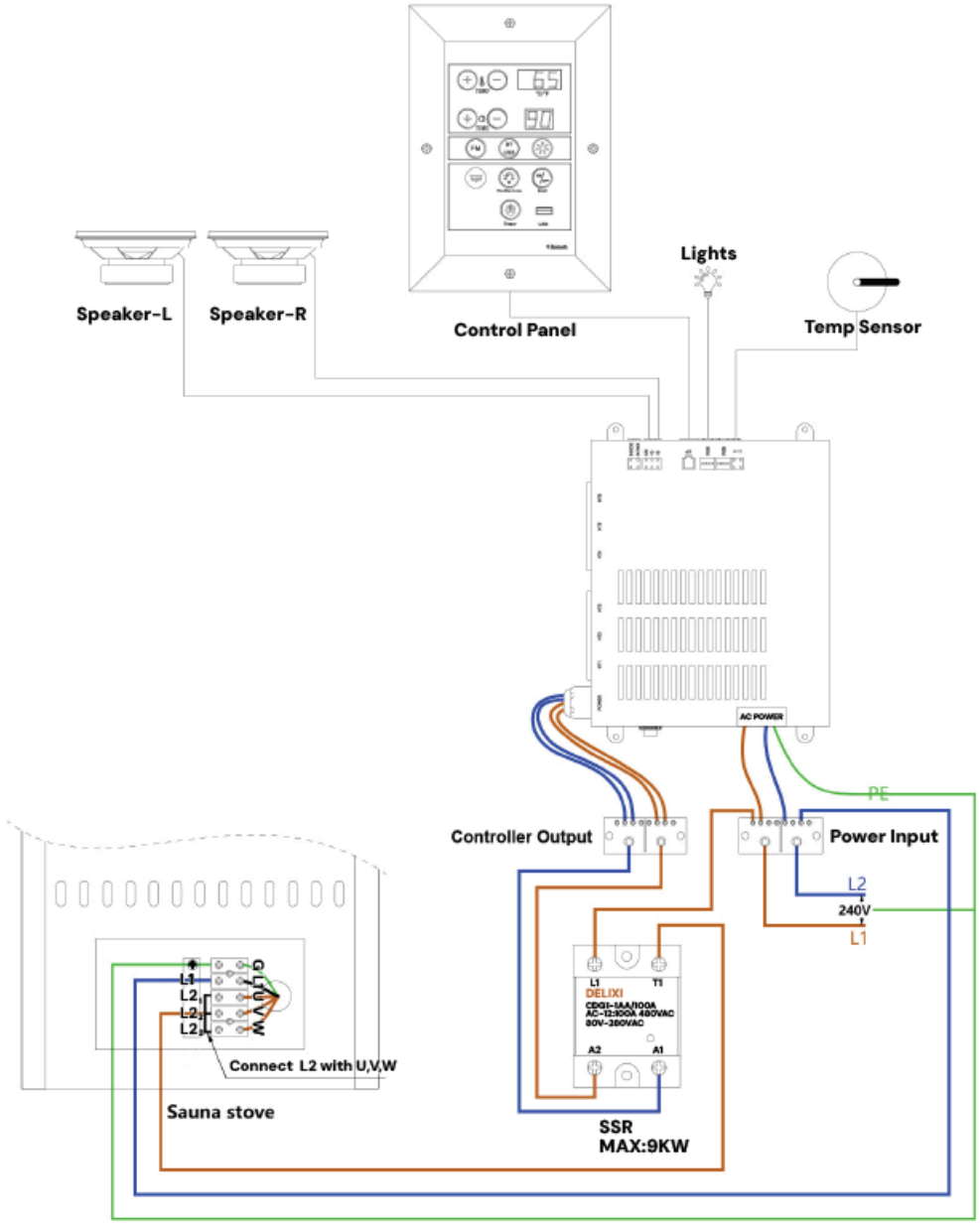


Door Handle Installation

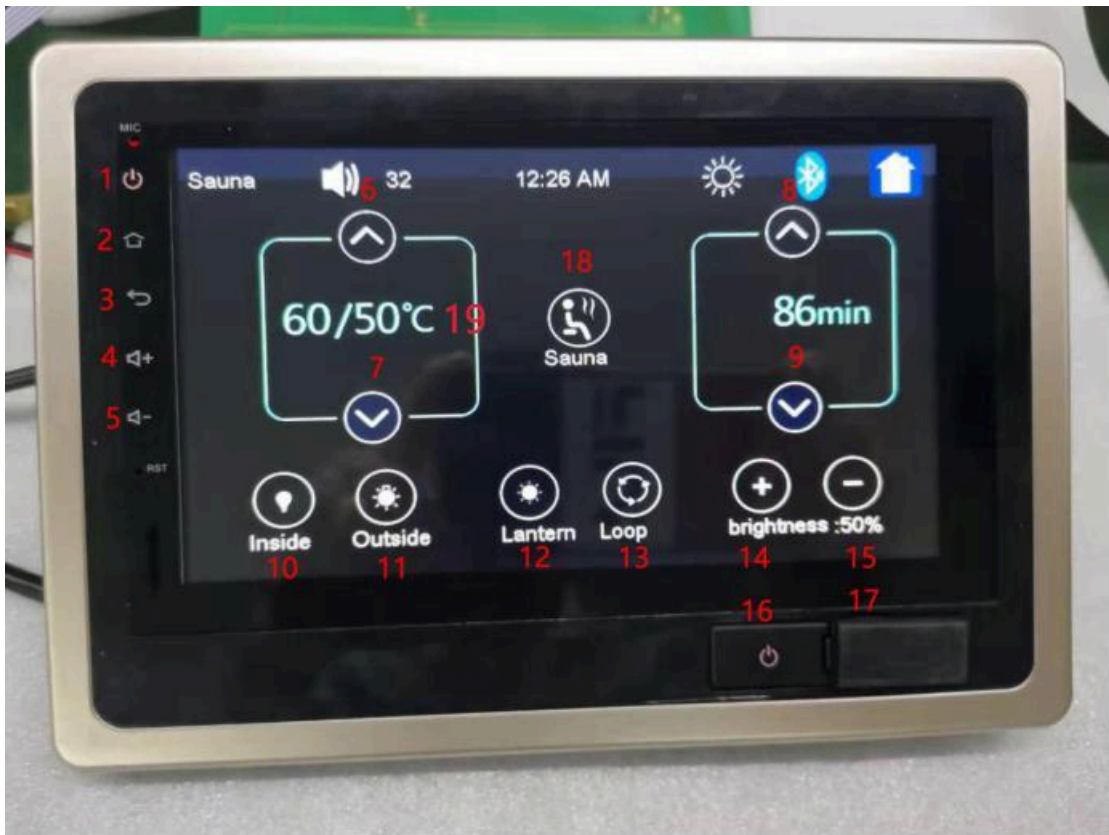


Duster Cover Installation

Electrical Diagram



Control Panel Functions



1. Screen Sleep	2. Home	3. Back	4. Volume Up
5. Volume Down	6. Temp Up	7. Temp Down	8. Duration Up
9. Duration Down	10. Ceiling Light	11. Exterior Lights	12. LED Lights
13. Cycle LED Color	14. LED Brightness Up	15. LED Brightness Down	16. Sauna Power Button
17. USB/MP3 Input	18. Heater On/Off	19. Change between F and C - Click Temp Display	

Sauna Care & Maintenance Guide

Proper care and maintenance of your sauna will help ensure its longevity, performance, and hygiene. Follow these guidelines to keep your sauna in excellent condition.

Daily Care

- **Wipe Down Surfaces** – After each use, use a dry or slightly damp cloth to wipe down benches, backrests, and walls to remove sweat and moisture. Avoid excessive water.
 - **Air Out the Sauna** – Leave the door open for at least 15-30 minutes after each session to promote airflow and prevent mold and mildew.
 - **Sweep or Vacuum** – Remove dust, hair, and debris from the floor to maintain cleanliness.
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Weekly Maintenance

- **Clean the Interior** – Use a mild, non-abrasive soap solution or a diluted vinegar and water mix to wipe down wooden surfaces. Avoid harsh chemicals that can damage wood.
 - **Disinfect High-Use Areas** – Lightly sanitize benches, backrests, and handrails with a sauna-safe cleaner.
 - **Check the Heater & Stones** – Ensure sauna stones are properly arranged and free of cracks. Wipe down the heater to remove dust buildup.
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Monthly Deep Cleaning

- **Inspect for Mold & Mildew** – Look for signs of excessive moisture buildup and clean any problem areas with a sauna-safe disinfectant.
 - **Check Electrical Components** – Inspect controls, wiring, and heating elements for proper function. Contact a professional if repairs are needed.
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Seasonal & Annual Maintenance

- **Replace Sauna Stones (if needed)** – Due to normal wear and tear over time, sauna stones may crack or degrade. Replace damaged stones to maintain optimal heat distribution.
- **Tighten Hardware** – Ensure all screws, hinges, and door handles are secure.
- **Check Ventilation** – Make sure air vents are clear of dust and debris to ensure proper airflow.

By following these care and maintenance steps, your sauna will remain a clean, comfortable, and enjoyable space for years to come. If you have any questions or require assistance, please contact our customer support team.